



Ready for better health?  
We can give you a head start.

It's time to take control of your health — and stop letting your health control you.

Join the **ConditionCare** program at no extra charge\* to get help with **asthma**, **diabetes**, **COPD** (chronic obstructive pulmonary disease), **CAD** (coronary artery disease) and **CHF** (congestive heart failure). When you join, you'll get 24-hour support from registered nurses. They'll answer your questions and help you with symptoms, medicine and other concerns. Plus you'll get the latest information on your condition and how to manage it.

Everyone needs a helping hand from time to time. Reach out to ConditionCare and get the help you need right now. Call **866-596-9812** today!



\*This program comes at no extra charge to you and your covered dependents.  
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