

Get the most out of your new vision benefits



You now have vision benefits included in your plan at no extra cost to you. This includes a yearly exam and allowances for frames, lenses, or contact lenses. Please find a detailed description of your vision plan benefits enclosed.

A routine eye exam isn't just about eye health — it can keep your whole body healthy. High-risk conditions can be detected through eye exams, including macular degeneration, diabetes, hypertension, autoimmune disorders, and high cholesterol.¹ If you haven't had your yearly exam yet, schedule it today.

Your vision benefits at a glance

Blue View Vision's network has you covered

With Blue View Vision, you have access to one of the nation's largest vision networks with over 42,000 eye care providers at more than 32,000 locations.²

This includes:

- Independent optometrists, ophthalmologists, or opticians.
- Glasses.com® (or 1-800-GLASSES).
- ContactsDirect® (or 1-844-5-LENSES).
- 1-800 CONTACTS® (or 1-800-266-8228).
- National optical retail stores, including LensCrafters®, most Pearle Vision® locations, and Target Optical®.
- Online stores: Ray-Ban.com, Targetoptical.com, Befitting.com, and Oakley.com.

How to find an eye care provider in the Blue View Vision network

- Log in to your account at **www.anthem.com**. Select **Find Care** and either use the search bar to search by specialty, or select **Optometrist** under **Search by Care Provider**. Next to each provider's name, it will say "In-Network Vision Plan" if they are in the Blue View Vision network.
- Log in to the **SydneySM Health** app. First, go to **Care**, then choose **Find Care** and enter the specialty or select **Optometrist**. Above each provider's name, it will say "In-Network Vision Plan" if they are in the Blue View Vision network.
- Call Anthem Member Services at **1-844-963-0436** (TTY **711**) and ask for help finding a Blue View Vision provider.
- If you visit an out-of-network provider, follow the instructions in the enclosed benefits summary for submitting a claim.



¹ American Academy of Ophthalmology: *20 Surprising Health Problems an Eye Exam Can Catch* (April 24, 2024): aao.org.

² Anthem: Group Vision Insurance Plans (accessed May 2024): [anthem.com](https://www.anthem.com).

The information in this document is meant to educate. It is not meant to serve as medical advice. Please check with your doctor for any advice about your health.

Out-of-network/noncontracted providers are under no obligation to treat Plan members, except in emergency situations. Please call our customer service number or see your *Evidence of Coverage* for more information, including the cost sharing that applies to out-of-network services.

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan.

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