

Your summary of benefits



Anthem® Blue Cross and Blue Shield

Your Plan: Maine Education Association Benefits Trust (MEABT): STANDARD CORE PLAN

Your Network: National PPO (BlueCard PPO)

Effective July 1, 2025

Visits with Virtual Care-Only Providers		Cost through our mobile app and website	
Primary Care, and medical services for urgent/acute care		No charge	
Mental Health & Substance Use Disorder Services		No charge	
Specialist care		No charge	
Covered Medical Benefits		Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
Overall Deductible		\$600 person / \$1,200 family	\$600 person / \$1,200 family
Overall Out-of-Pocket Limit <i>Coinurance maximum \$2,500/\$5,000. Copay maximum \$6,100/\$12,200.</i>		\$9,200 person / \$18,400 family	\$9,200 person / \$18,400 family
<p>The family deductible and out-of-pocket limit are embedded, meaning the cost shares of one family member will be applied to the per person deductible and per person out-of-pocket limit; in addition, amounts for all covered family members apply to both the family deductible and family out-of-pocket limit. No one member will pay more than the per person deductible or per person out-of-pocket limit.</p> <p>All medical and prescription drug deductibles, copayments and coinsurance apply to the out-of-pocket limit.</p> <p>The In-Network and Out-of-Network deductibles and out-of-pocket are combined and accumulate toward each other.</p>			
<p>Doctor Visits (virtual and office) <i>You are encouraged to select a Primary Care Physician (PCP). When you select a Value-Based Provider as your PCP, you will not have to pay a Copayment, Deductible, or Coinsurance for PCP visits, x-rays, lab services and Urgent Care when provided by the Value-Based Provider. No member cost share is required for the first primary care visit of the plan year.</i></p>			
Primary Care (PCP) <i>virtual and office</i>		\$25 copay per visit deductible does not apply	45% coinsurance after deductible is met
Mental Health and Substance Use Disorder Services <i>virtual and office</i>		No charge	20% coinsurance deductible does not apply
Specialist Care <i>virtual and office</i>		\$35 copay per visit deductible does not apply	45% coinsurance after deductible is met
Other Practitioner Visits			
Maternity Doctor services (prenatal/postnatal care and delivery)		25% coinsurance after deductible is met	45% coinsurance after deductible is met

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
Retail Health Clinic <i>for routine care and treatment of common illnesses; usually found in major pharmacies or retail stores.</i> Manipulation Therapy <i>Coverage is limited to 40 visits per member per benefit period.</i> Acupuncture <i>Coverage is limited to 20 visits per year.</i>	\$25 copay per visit deductible does not apply 25% coinsurance after deductible is met 25% coinsurance after deductible is met	45% coinsurance after deductible is met 45% coinsurance after deductible is met 45% coinsurance after deductible is met
<u>Other Services in an Office</u> Allergy Testing Prescription Drugs <i>Dispensed in the office</i> Surgery	25% coinsurance after deductible is met 25% coinsurance after deductible is met 25% coinsurance after deductible is met	45% coinsurance after deductible is met 45% coinsurance after deductible is met 45% coinsurance after deductible is met
Preventive care / screenings / immunizations	No charge	20% coinsurance deductible does not apply
Preventive Care for Chronic Conditions <i>per IRS guidelines</i>	No charge	20% coinsurance deductible does not apply
<u>Diagnostic Services</u> Lab Office Reference Lab Outpatient Hospital	25% coinsurance after deductible is met 25% coinsurance after deductible is met 25% coinsurance after deductible is met	45% coinsurance after deductible is met 45% coinsurance after deductible is met 45% coinsurance after deductible is met
X-Ray Office Freestanding Radiology Center Outpatient Hospital	25% coinsurance after deductible is met 25% coinsurance after deductible is met 25% coinsurance after deductible is met	45% coinsurance after deductible is met 45% coinsurance after deductible is met 45% coinsurance after deductible is met
Advanced Diagnostic Imaging <i>for example: MRI, PET and CAT scans</i> Office Freestanding Radiology Center Outpatient Hospital	25% coinsurance after deductible is met 25% coinsurance after deductible is met 25% coinsurance after deductible is met	45% coinsurance after deductible is met 45% coinsurance after deductible is met 45% coinsurance after deductible is met

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
<u>Emergency and Urgent Care</u> Urgent Care includes doctor services. Additional charges may apply depending on the care provided. When you select a Value-Based Provider as your PCP, you will not have to pay a Copayment, Deductible, or Coinsurance for Urgent Care when provided by the Value-Based Provider. Emergency Room Facility Services Your copay will be waived if admitted. Emergency Room Doctor and Other Services Ambulance	\$25 copay per visit deductible does not apply \$300 copay per visit deductible does not apply No charge 25% coinsurance after deductible is met	45% coinsurance after deductible is met Covered as In-Network Covered as In-Network Covered as In-Network
<u>Outpatient Mental Health and Substance Use Disorder Services at a Facility</u> Facility Fees Doctor Services	25% coinsurance deductible does not apply 25% coinsurance deductible does not apply	45% coinsurance deductible does not apply 45% coinsurance deductible does not apply
<u>Outpatient Surgery</u> Facility Fees Hospital Ambulatory Surgical Center Physician and other services including surgeon fees Hospital Ambulatory Surgical Center	25% coinsurance after deductible is met 25% coinsurance after deductible is met 25% coinsurance after deductible is met 25% coinsurance after deductible is met	45% coinsurance after deductible is met 45% coinsurance after deductible is met 45% coinsurance after deductible is met 45% coinsurance after deductible is met
<u>Hospital (Including Maternity, Mental Health and Substance Use Disorder Services)</u> Facility Fees Physician and other services including surgeon fees	25% coinsurance after deductible is met 25% coinsurance after deductible is met	45% coinsurance after deductible is met 45% coinsurance after deductible is met
Home Health Care	25% coinsurance after deductible is met	45% coinsurance after deductible is met

Covered Medical Benefits	Cost if you use an In-Network Provider	Cost if you use an Out-of-Network Provider
Rehabilitation and Habilitation services <i>including physical, occupational and speech therapies.</i> <i>Coverage for physical, occupational and speech therapies is limited to 60 visits combined per member per benefit period.</i>		
Office	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Outpatient Hospital	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Pulmonary rehabilitation <i>office and outpatient hospital</i>	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Cardiac rehabilitation <i>office and outpatient hospital</i>	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Dialysis/Hemodialysis <i>office and outpatient hospital</i>	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Chemo/Radiation Therapy <i>office and outpatient hospital</i>	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Skilled Nursing Care (facility) <i>Coverage for Inpatient rehabilitation and skilled nursing services is limited to 150 days combined per member per benefit period.</i>	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Inpatient Hospice	No charge	20% coinsurance deductible does not apply
Durable Medical Equipment	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Prosthetic Devices <i>Coverage for wigs is limited to 1 item after cancer treatment per benefit period.</i>	25% coinsurance after deductible is met	45% coinsurance after deductible is met
Hearing Aids <i>Coverage for members through age 18 is limited to 1 hearing aid per hearing-impaired ear every 36 months. Coverage for members age 19 and over is limited to \$3,000 maximum per hearing-impaired ear every 36 months.</i>	25% coinsurance after deductible is met	45% coinsurance after deductible is met

Covered Prescription Drug Benefits	Cost if you use an In-Network Pharmacy	Cost if you use an Out-of-Network Pharmacy
Tier 4 - Typically Specialty (brand and generic)	20% coinsurance up to \$150 per prescription (30 day supply retail and home delivery)	Not covered

Notes:

- If you have an office visit with your Primary Care Physician or Specialist at an Outpatient Facility (e.g., Hospital or Ambulatory Surgical Facility), benefits for Covered Services will be paid under “Outpatient Facility Services”.
- Costs may vary by the site of service. Other cost shares may apply depending on services provided. Check your Certificate of Coverage for details.
- Screening and diagnostic imaging for the detection of breast cancer, including diagnostic mammograms, 3D mammography, breast ultrasounds and MRIs are covered in full as required by state mandate.
- The limits for physical, occupational, and speech therapy, if any apply to this plan, will not apply if you get care as part of the Mental Health and Substance Use Disorder benefit.

This summary of benefits is a brief outline of coverage, designed to help you with the selection process. This summary does not reflect each and every benefit, exclusion and limitation which may apply to the coverage. For more details, important limitations and exclusions, please review the formal Evidence of Coverage (EOC). If there is a difference between this summary and the Evidence of Coverage (EOC), the Evidence of Coverage (EOC), will prevail.

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Questions: (833) 772-4121 or visit us at www.anthem.com

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(TTY/TDD: 711)

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