Anthem

Know where to go when you need care

Walk-in care centers are a smart choice for most nonemergencies

When you need routine care, a primary care provider should be your first choice, while going to the emergency room (ER) or calling 911 is always your best option for emergencies. When you need care right away but don't think your life is in danger, you can use a walk-in care center.

Walk-in care centers are doctor's offices or clinics that take patients without an appointment or referral. They're usually open extended hours, including evenings and weekends.

Conditions treated

The doctors and nurses at walk-in care centers can treat a wide range of conditions, such as:

- Allergies
- Cold and flu symptoms
- Ear and eye infections
- Minor cuts and burns
- Sinus issues
- Sore throats
- Sports injuries
- Sprains and strains

Some centers provide on-site X-rays and tests to quickly find out if you need more specialized care.

What it costs

For most health plans, you'll pay a specialist copay. To find out your specific costs and what's covered, call the Customer Service number on your health plan ID card.

Find a location near you

There are many walk-in care centers in your Anthem health plan's network. A complete list is available on the following page. You can also access a list of locations using the Sydney℠ Health app or anthem.com.

We are here to help

If you're not sure where to go for care, call our 24/7 NurseLine at **800-607-3262**.

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Walk-in care centers in your plan

For the most up-to-date list of care providers, use the Sydney Health app or visit anthem.com.

City	Walk-in care center	Address	Phone number
Auburn	ConvenientMD	590 Center Street	207-955-5565
Auburn	St. Mary's Urgent Care	791 Turner Street	207-330-3900
Augusta	Concentra	219 Capitol Street, Suite 2	866-944-6046
Augusta	ConvenientMD	4 Whitten Road	207-466-2400
Augusta	MaineGeneral Express Care	15 Enterprise Drive	207-621-8880
Bangor	Concentra	34 Gilman Road	207-941-8300
Bangor	ConvenientMD	543 Broadway	207-517-3838
Belfast	ConvenientMD	18 Belmont Ave	207-607-5270
Berwick	Berwick Walk-In Care	4 Dana Drive	207-698-6700
Bridgton	North Bridgton Family Practice & Walk-In Clinic	14 Wyonegonic Road	207-647-9021
Brunswick	Concentra	11 Medical Center Drive	207-725-2697
Brunswick	ConvenientMD	193 Bath Road	207-424-2272
Brunswick	Mid Coast Walk-In Clinic	22 Station Avenue	207-406-7500
Caribou	Northern Light Walk-In Care	118 Bennett Drive	207-498-3476
East Waterboro	MaineHealth Walk-In Care	10 Goodall Drive	207-490-7760
Ellsworth	ConvenientMD	235 High Street	207-412-5200
Farmington	ConvenientMD	108 Knowlton Corner Road	207-578-7152
Freeport	Freeport Medical Center	23 Durham Road, Suite 201	207-865-3491
Gardiner	MGMC Express Care	5 Central Maine Crossing	207-582-6608
Gorham	Mercy Express Care	19 South Gorham Crossing	207-839-9101
Gray	Gray Urgent Care	6 Turnpike Acres Road, Unit 2	207-657-1165
Houlton	Katahdin Valley Health Center	59 Bangor Street	207-521-0022
Jackman	Jackman Community Health Center	376 Main Street	207-668-7755
Kennebunk	MaineHealth Walk-In Care	2 Livewell Drive	207-467-6900
Kittery	MyHealth Walk-In Care	35 Walker Street	207-439-4430
Lewiston	Concentra	59 East Avenue	866-944-6046
Lincoln	Health Access Network	175 West Broadway	207-794-6700
Millinocket	MRH Walk-In Care	200 Somerset Street	207-723-3330
Norway	Concentra	176 Main Street	866-944-6046
Oxford	Concentra	1570 Main Street, Suite 3	207-743-7399
Patten	Katahdin Valley Health Center	30 Houlton Street	207-538-3700
Porter	Sacopee Valley Health Center	70 Main Street	207-625-8126
Portland	ConvenientMD	191 Marginal Way	207-517-3838
Portland	MaineHealth Maine Medical Center	22 Bramhall Street	207-661-3280
Presque Isle	Northern Light Walk-In Care	23 North Street, Suite 2	207-760-9278
Saco	Southern Maine Health Care	655 Main Street	207-294-5600
Saco	ConvenientMD	506 Main Street	207-571-7991
Sanford	Sanford Care Center	1474 Main Street	207-608-8425
Sanford	ConvenientMD	1420 Main Street	207-850-5744
Sanford	Southern Maine Health Care	25A June Street	207-490-7900
Scarborough	ClearChoiceMD Urgent Care	273 Payne Road	207-618-9355
South Portland	AFC Urgent Care	230 Waterman Drive	207-358-3188
South Portland	Concentra	85 Western Avenue	866-944-6046
South Portland	Concentra	400 Southborough Drive	207-761-1100
Waterville	Northern Light Walk-in Care	174 Kennedy Memorial Drive	207-861-6140
Waterville	MaineGeneral Express Care	211 Main Street	207-877-3450
Wells	York Hospital Walk-In Care	114 Sanford Road	207-646-5211
Westbrook	ConvenientMD	950 Main Street	207-517-3800
Westbrook	Mercy Express Care	40 Park Road	207-857-8174
Windham	Mercy Express Care	409 Roosevelt Trail	207-893-0290
York	York Hospital Walk-In Care	343 US Route 1	207-351-2600

Sydney Health is offered through an arrangement with Carelon Digital Platforms, a separate company offering mobile application services on behalf of your health plan.

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